

Survey of School Vending Machines

Name of School: _____

Grade level (circle one): Elementary School

Middle School

High School

For each school vending machine, determine how many selections of each type of food and type of beverage are available. For example, if there is 1 Snickers bar selection, 1 Baby Ruth selection, and 2 M&M selections that would be 4 candy selections. If there are 2 selections of regular Coke, 1 of Dr. Pepper, and 2 of Sprite, that would be 5 selections of regular soda. Fill out one sheet for each vending machine at each school. Make copies of this sheet as necessary.

Healthy Snacks	Number of Selections	Healthy Beverages	Number of Selections
Low-fat chips or pretzels		Water	
Crackers		Fruit juice (at least 50% real juice)	
Sandwiches		Vegetable juice (at least 50% real juice)	
Fresh fruit or vegetable		Low-fat (1%) or fat-free milk	
Other:		Other:	
Total number of healthy snacks		Total number of healthy beverages	
Low-nutrition Snacks	Number of Selections	Low-nutrition Beverages	Number of Selections
Candy		Soda (regular)	
Chips – regular		Whole or 2% milk	
Cookies/snack cakes/pastries		Iced tea or other sweetened drink	
Other Food:		Fruit drink (less than 50% real juice)	
		Sports drinks	
		Other drinks:	
Total number of unhealthy snacks		Total number of unhealthy beverages	

How to Compile and Report Vending Survey Results:

You can use this survey to help draw attention to the availability of unhealthy foods and drinks in your school or school district and share the results with your superintendent, principal, or food service director.

- To survey options and report vending machine contents in one school, use the Survey to record the contents of each vending machine and tally the results for all the machines in the school.
- To survey options and report vending machine contents in an entire school district, use the Survey to record the vending machine contents in each machine in each school. Then combine results for all schools at each level of education (elementary, middle, and high school) and report total results (or report results school-by-school).

You could report results such as:

- Number of vending machines in each school or school district
- Percent of schools in the school district that have vending machines
- Percent of beverage selections that are soda pop
- Are there any fruit or vegetable selections? (yes/no)
- Percent of vending options that are healthy choices (as defined by the survey)
- Percent of vending options that are chips, candy, snack cakes or other low-nutrition foods